# Blood Specimen Collection: Blood Cultures (Pediatric) - CE

#### CHECKLIST

$\mathbf{S} = \text{Satisfactory}  \mathbf{U} = \text{Unsatisfactory}  \mathbf{NP} = \text{Not Perturbation}$				
Step	S	U	NP	Comments
D. f	1			
Performed hand hygiene and donned PPE as				
indicated for needed isolation precautions.				
Introduced self to the patient and family.				
Verified the correct patient using two				
identifiers.				
Determined the patient's developmental level				
and ability to interact.				
Assessed the history of similar procedures, the				
patient's ability to tolerate the procedure, and				
the use of effective coping strategies.				
Determined whether the patient had benefitted				
from the use of topical analgesia in the past				
and used a topical or local anesthetic, if				
appropriate.				
Assessed the patient for conditions that could				
be aggravated or disrupted by venipuncture.				
Determined the patient's history of injury and				
infection; assessed the child for				
contraindicated venipuncture sites because of				
an IV line, a hematoma, a Blalock-Taussig or a				
hemodialysis shunt, or renal grafts and fistulas				
in the extremities.				
Determined if the patient had current				
peripheral or central access.				
Reviewed the patient's medication history.				
Assessed the patient's hydration and perfusion				
status.				
Determined the family's desire to be present				
during the procedure.				
Determined the patient's desire for the family				
to be present during the procedure.				
Determined the patient's ability to cooperate				
during the procedure.				
If time permitted, engaged a child life				
specialist to prepare the child for the				
procedure.				
Obtained the patient's weight in kilograms.				
Verified the practitioner's order.				

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Step	S	U	NP	Comments	
Identified the minimum blood volumes					
required for specimen collection. Collected and assembled the equipment and					
1 1					
supplies for the procedure.					
If using a topical anesthetic cream, donned					
gloves and applied it to the area as ordered and per the manufacturer's instructions. Covered					
1					
the cream with a transparent semipermeable					
dressing or applied a topical anesthetic patch.					
Discarded supplies, removed gloves (if worn),		1			
and performed hand hygiene.			-		
Explained the procedure to the patient and					
family and ensured that the patient agreed to					
treatment.					
Provided privacy for the patient or used a					
designated treatment area.					
Ensured adequate lighting. If necessary,					
planned to use a transilluminator or vein-					
finding ultrasound.					
If a topical anesthetic was used, ensured that it					
was on the skin for the appropriate length of					
time per the manufacturer's recommendations.					
Donned gloves and removed the topical					
anesthetic from the skin completely after the					
allotted time. If a topical anesthetic was not					
used, used oral sucrose in infants younger than					
6 months old if necessary.					
Discarded supplies, removed gloves (if worn),					
and performed hand hygiene.					
Identified an appropriate venipuncture site.					
Ensured that the site was warm and well					
perfused. If necessary, applied an		1			
organization-approved hot pack or warm		1			
compress.					
Performed hand hygiene and donned gloves					
and appropriate PPE based on the patient's		1			
signs and symptoms and indications for		1			
isolation precautions.		1			

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Disinfected bottle tops with 70% isopropyl				
alcohol.				
With the help of another health care team				
member or a family member, positioned the				
patient based on his or her age and				
developmental level. Used active and passive				
distraction techniques for pain reduction, as				
developmentally appropriate.				
If unable to observe or palpate a vein, applied				
1 1 1 1				
a tourniquet a few inches above one of the				
selected venipuncture sites. Avoided using a				
tourniquet, or if one was required, limited the time of use to less than 1 minute.				
Palpated the venipuncture site.			-	
Obtained blood cultures.				
1. Cleaned the skin with alcohol, then				
allowed to dry completely.			_	
2. Prepared the insertion site with greater				
than 0.5% chlorhexidine in alcohol				
solution, using a back-and-forth motion				
for a minimum of 30 seconds, and				
allowed to dry completely. Used				
chlorhexidine cautiously.				
If using a butterfly needle, held it by the				
wings. Entered the vein at a slight angle from				
the arm with the bevel facing upward just				
distal to the exact site selected for vein				
penetration and looked for blood return.				
Collected the required amount of blood from				
the number of sites per the practitioner's order				
and per the organization's practice.				
Released the tourniquet (if applied) before				
removing the needle.				
Applied a clean gauze pad over the puncture				
site without applying pressure and quickly but				
carefully withdrew the needle from the vein,	1			
activating the safety lock mechanism.				
Immediately applied pressure over the				
venipuncture site with gauze or an antiseptic				
pad until the bleeding stopped. Instructed a				

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cooperative patient or family member to hold the gauze in place and to apply direct pressure					
Prepared the specimen.					
1. If using a butterfly needle, placed a safety device on the syringe and distributed the blood volume evenly between the culture bottles. Filled the aerobic culture bottle first.					
2. Gently mixed the medium and blood after inoculation.					
In the presence of the patient, labeled the specimen per the organization's practice.					
Placed the labeled specimen in a biohazard bag and transported the specimen to the laboratory immediately, per the organization's practice.	-				
Applied an adhesive bandage to the site when hemostasis was achieved. If there was a risk of aspiration, removed the bandage.	f				
Praised the patient for cooperating and holding still. Encouraged the family to comfort the patient.	<b>7</b>				
Assessed, treated, and reassessed pain.					
Discarded supplies, removed PPE, and performed hand hygiene.					
Documented the procedure in the patient's record.					

Learner: \_\_\_\_\_Signature: \_\_\_\_\_

Evaluator: \_\_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_